

What to do if you, or someone at school, becomes unwell

IF YOU HAVE SYMPTOMS

If you become unwell, with a new, continuous cough or a high temperature, or have a loss of, or change in, your normal sense of smell and taste, **then you must go home, arrange a test and self-isolate until the outcome of the test is known.**

If you become unwell, with a new, continuous cough or a high temperature, or have a loss of, or change in, your normal sense of smell and taste, **then other members of your household should self-isolate until the outcome of your test is known.**

If, despite initially having symptoms, you **test negative** and if you feel well and no longer have symptoms similar to Covid-19, **then you can stop self-isolating. Other members of your household can also stop self-isolating.**

If you **test positive**, then you must **self-isolate for at least 10 days. Other members of your household should self-isolate for 14 days from when you first had symptoms.**

IF SOMEONE IN YOUR BUBBLE GROUP AT SCHOOL HAS SYMPTOMS AND TESTS POSITIVE

If someone at school tests positive, the school will contact Public Health England who will provide definitive advice on who must be sent home. A person who has been in contact with someone who has tested positive will be sent home and **be asked to self-isolate for 14 days.**

If a person has been in contact with someone who has tested positive and is sent home to self-isolate for 14 days, then **their household does not need to self-isolate, unless the person who is self-isolating subsequently develops symptoms.**

If a person who has been in contact with someone who has tested positive subsequently develops symptoms themselves within their 14-day isolation period, then they should **stay at home and get a test.**

If the test delivers a **negative result**, then they must remain in isolation for the remainder of the 14-day isolation period as they could still get symptoms after being tested

If the test delivers a **positive result**, then they should inform their school immediately, and must isolate for at least 10 days from the onset of their symptoms.

If the test delivers a **negative result**, then their household can stop self-isolating if they do not have symptoms

If the test delivers a **positive result**, then their household should self-isolate for at least 14 days from when the symptomatic person first had symptoms.

PARENTS AND STAFF SHOULD IMMEDIATELY INFORM SCHOOL OF TEST RESULTS

