

PE Long Term Plan												
	Autumn				Spring				Summer			
	Autumn 1	Autumn 1 Tigers Trust	Autumn 2	Autumn 2 Tigers Trust	Spring 1	Spring 1 Tigers Trust	Spring 2	Spring 2 Tigers Trust	Summer 1	Summer 1 Tigers Trust	Summer 2	Summer 2 Tigers Trust
FS	Ball Skills (hands)	N/A	Dance	Gymnastics	Attack and defence - understanding games	Team Building games	Ball skills (feet)	Games	Jumping and walking	N/A	Ball skills (ball and rackets)	N/A
Year 1	Ball skills (Hands)	Ball skills (Feet)	Dance: Super heroes	Gymnastics	Locomotion - Dodging	Team Building Games	Attack and defence games	N/A	Jumping and running (Athletics)	Game tactics	Ball skills (ball and rackets)	Multisports
Year 2	Team building	Ball skills (Feet)	Dance: Explorers	Gymnastics	Locomotion - Dodging	Multisports	Ball Skills (feet)	Ball skills - tactics	Jumping and running (Athletics)	Game tactics	Ball skills (ball and rackets)	N/A
Year 3	Invasion Games: DodgeBall	Football	Dance: Wild	Gymnastics	OAA - Challenge	Hockey	Tennis (Net and	OAA- orienteer	Tag rugby	Athletics	Striking and	Cricket

			Animals		ng collabora tion I		wall games)	ing			fielding (rounder s)	
Year 4	Game sense: Invasion (basketball)	football	Dance: Cats	Gymnasti cs	OAA - Challengi ng collabora tion I	Hockey	Tennis (Net and wall games)	Rugby	Games (Dodgbal l)	Athletics	Striking and fielding (rounder s)	Cricket
Year 5	Games sense: Invasion (basketball)	football	Dance: Greeks	Gymnasti cs	Games (Net and wall) - Tennis	Hockey	Invasion Games Net ball	Rugby	OAA - Challengi ng collabora tion	Athletics	Striking and fielding (rounder s)	Cricket
Year 6	Invasion games: (basketball)	Football	Dance: Carnival	Gymnasti cs	invasion Games: Netball	Hockey	Athletics	Rugby	Health related exercise	OAA	Striking and fielding (rounder s)	Cricket